

New Mexico Commission for Deaf & Hard of Hearing

Toll-Free: 1.800.489.8536 | Albuquerque 505.383.6530 **Website:** www.cdhh.nm.gov

Domestic Violence & Sexual Violence Information for Deaf & Hard of Hearing

For more information contact:

nmcdhh.info@cdhh.nm.gov 505.383.6530 Voice/TTY 505.435.9319 Videophone for Sign Language Users

What is domestic violence and sexual violence?

National Domestic Abuse Hotline, www.thehotline.org, describe domestic violence as follows: "Domestic violence includes behaviors that physically harm, arouse fear, prevent a partner from doing what they wish or force them to behave in ways they do not want. It includes the use of physical and sexual violence, threats and intimidation, emotional abuse and economic deprivation. Many of these different forms of domestic violence/abuse can be occurring at any one time within the same intimate relationship." For Deaf, DeafBlind and Hard of Hearing, the controlling partner may hide or break your hearing aids, video phone, or cell phone to keep their partner dependent on them and cut off from the outside world.

DeafHope advocates compiled information from interviews with Deaf survivors of domestic violence and made the Deaf Power and Control wheel shown below:



Personal Safety Plan

You have the right to be safe! You can slowly collect these items and papers while you are thinking of leaving. Hide them in a safe place.

Identification: Driver's license or ID, your birth certificate, children's birth certificates, social security card, Medicare or Medicaid card, benefits award letter.

Financial: Money, debit card, credit cards, checkbook.

Legal Papers: Divorce papers, custody papers, lease or rental agreement or house deed, car registration, insurance papers, medical records for you and your children, green card, passport.

Other: House and car keys, electronics chargers, medication, change of clothes for you and your children.

Resources

If you are in physical danger call 911

National Domestic Violence Hotline 24/7 Crisis Hotline 1-800-799-7233 (V)

Local:

New Mexico Coalition of Sexual Assault Programs 3909 Juan Tabo NE, Suite 6 Albuquerque, NM 87111 Phone: 505.883.8020 Website: https://nmcsap.org	Rape Crisis Center of Central New Mexico 9741 Candelaria Rd. NE Albuquerque, NM 87112 Phone: 505.266.7711 (24-hour hotline) Email: info@rapecrisiscnm.org Website: www.rapecrisiscnm.org
New Mexico Coalition Against Domestic Violence 3167 San Mateo NE, PMB 367 Albuquerque, NM 87110 Phone: 505.246.9240 Email: info@nmcadv.org Website: www.nmcadv.org	Woodle. WWW.apodiciodimi.org

National:

Abused Deaf Women Advocacy Services (ADWAS)	Deaf Overcoming Violence through Empowerment (DOVE)
Phone: 206.922-7088	Phone: 303.831.7874 (VP) (24-hour hotline)
Email: adwas@adwas.org	Email: hotline@deafdove.org
Website: www.adwas.org	Website: www.deafdove.org
DeafHope	The Deaf Hotline
Ризира Ризира Phone: 510.735.8553 (VP)	The Deaf Hotline Phone: 855.812.1001
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